



Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Marital Status: \_\_\_\_\_

Ages of Children: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Ext. \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email Address: \_\_\_\_\_

Education: \_\_\_\_\_

1. Briefly describe your current work situation:

2. How did you get involved in this situation?

3. Why are you considering a job/career change at this time?

4. Are there any issues other than your occupation causing unrest?  
If so, what are they?

5. How much of your desire for a change in occupation is motivated by a desire to increase your income?
  
6. Have you ever been self-employed or owned your own business/company?
  
7. What would be the key characteristics of an ideal job/career?
  
8. What are your three strongest talents? (Please explain)
  
9. What are your three weak areas? (Please explain)
  
10. What hobbies do you have?
  
11. What other skills and interests do you have?
  
12. Community Involvement:

13. If you received a \$5 million dollar inheritance today, what would you spend your days doing?
  
14. If the doctor told you today you had 6 months to live, what would you do in those remaining months?
  
15. What are you doing in your life now that will last forever?
  
16. In writing your epitaph, what would you want people to remember about you?
  
17. What are your expectations for Life Coaching?
  
18. What are your concerns or fears in dealing with a consultant?
  
19. This is a process of LIFE PLANNING. This can be a time of stress, frustration and uncertainty, but also excitement and positive anticipation. What can we do to make this experience more enjoyable?